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Hands Are Not For Hitting (Best Behavior)



Synopsis

Children learn that violence is never okay, that they can manage their anger and other strong feelings, and that they are capable of positive, loving actions like playing, making music, learning, counting, helping, taking care, and much more. Includes a special section for adults with activities and discussion starters.

Book Information

Lexile Measure: AD260L (What's this?)

Series: Best Behavior

Paperback: 40 pages

Publisher: Free Spirit Publishing; Revised and Updated, For Ages 4-7, Paperback edition (March 15, 2009)

Language: English

ISBN-10: 1575423081

ISBN-13: 978-1575423081

Product Dimensions: 9 x 0.2 x 9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 789 customer reviews

Best Sellers Rank: #18,218 in Books (See Top 100 in Books) #30 in Books > Education & Teaching > Schools & Teaching > Education Theory > Administration #75 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Social Skills #79 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Manners

Age Range: 4 - 7 years

Grade Level: Preschool - 2

Customer Reviews

"The simple but important message helps children understand that they have the power to choose not to hurt people." Teaching Tolerance "Imagine raising your kids without the help of Goodnight Moon or Is Your Mama a Llama? or Hands Are Not for Hitting." Jennifer Garner, actress, Save the Children ambassador "Offers youngsters an alternative to hitting and other forms of hurtful behavior, guiding them to a more peaceful and positive outcome in their dealings with other children." School Library Journal "Highly recommended...ideal

Read aloud book for parents and care givers. •Midwest Book Review •“This is a great book to have in your personal collection whether you are a parent, teacher, or caregiver, and an excellent resource to refer to whenever your children or students need a reminder about calm and peaceful hands.” •Chasing Supermom blog • Parent Council® Selection Parents’ Choice Approved Midwest Independent Publisher Award

A best-selling Free Spirit classic in a fresh new edition.

I like the idea. I’m not sure why everyone who doesn’t follow the rules (cuts the line, is rude to the child) is brown skinned, and frankly that bothers me. Why not reflect the way things are in real life? Both White and Brown kids sometimes don’t follow the rules and are equally capable of rudeness/non cooperation. The message is great, but the illustrations again, depicting what I’m pointing out, is what I have a problem with. We quickly took this book out of the rotation. Sometimes messages are communicated subconsciously and I didn’t want my child internalizing that only a group of people engage in behaviors that can make one angry.

This has helped the situation of my 2 year old hitting when mad. I bought this a few months ago and when I bought it, she was hitting every time she was mad. Now when she’s mad she yells, grunts, or stomps, which I think is way better than trying to hit someone. After getting this book we read it a few times, she really likes it. Then when she would get mad and try to hit I would repeat the book to her. "Hands are not for hitting. What are hands for?" and then we would go over what hands can do. Thank you for this tool! I highly recommend. I even caught her reading it by herself the other day. Not that she can read, but we have read it so much she’s memorized what that pictures are.

We weren’t crazy about the book. Obviously the message is an important one, but I found it to be a bit dense for my 2 year old. It just didn’t engage her. I would suggest borrowing it from the library to see if your little one responds before making the purchase.

Ideas on handling anger are good. The book however is not very entertaining and I have to give examples and explain things to my son. He loses interest quickly. It’s not written as a story with a moral.

This is a very simple book that I found when I went looking for solutions to my youngest child's misbehavior in daycare. Not quite 2 years old, with a pretty limited vocabulary, she began taking out her frustrations on others by hitting, kicking, and biting. We used several methods to help curb the behavior and this set of books was just one tool in our toolbox. We sat each night and read all three books; "Feet Are Not for Kicking", "Hands Are Not for Hitting", "Teeth Are Not for Biting". The books are very well written with repetition and recommendations for what is appropriate behavior, ie. hands teeth are for eating, hands are for holding. There is also a page at the end of each book with suggestions for parents.

I bought this book for my 4yo son when he picked up hitting behavior at daycare. He really enjoyed the book because it was easy to understand each page due to big pictures, so he felt like he could read it himself. We often referred to the title of the book to reinforce making good choices and he kept the book at daycare to look at if he needed a reminder. The book really helped give us another tool to turn his behavior around! Plus, I plan to use it in my practice as a therapist when working with children with similar issues.

I thought it was going to say more stuff about not hitting.

My daughter is really into books and this is another one that she really enjoys. I bought it because she was having issues with another child at daycare that likes to hit or bite. Trying to be proactive, I wanted her to understand what hands are for in hopes that she would avoid this other classmate rather than use her hands to hit them back or begin hitting others. So far she is catching on really fast between reading the book as well as us explaining to her the concepts. She has never been a hitter or a biter, but more likely to give out hugs and I would really like her to stay that way.

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